

Meditations



EcoChurch

I arise today through the strength of heaven;
Light of the sun, radiance of the moon,
Splendour of fire,
Speed of lightning
Swiftness of wind,
Depth of sea, Stability of earth,
Firmness of rock.

Saint Patrick, Patron Saint of Ireland.

A blessing from **Anam Cara – Spiritual Wisdom From The Celtic World...**

May the light of your soul guide you.
May the light of your soul bless the work you do with the secret love and warmth of your heart.
May you see in what you do the beauty of your own soul.
May the sacredness of your work bring healing, light and renewal to those who work with you and to those who see and receive your work.
May your work never weary you.
May it release within you wellsprings of refreshment, inspiration and excitement.
May you be present in what you do.
May you never become lost in the bland absences.
May the day never burden .
May dawn find you awake and alert, approaching your new day with dreams, possibilities and promises.
May evening find you gracious and fulfilled.
May you go into the night blessed, sheltered and protected.
May your soul calm, console and renew you.

John O'Donohue

The Peace of Wild Things

When despair for the world grows in me
and I wake in the night at the least sound
in fear of what my life and my children's lives may be,
I go and lie down where the wood drake
rests in his beauty on the water, and the great heron feeds.
I come into the peace of wild things
who do not tax their lives with forethought
of grief. I come into the presence of still water.
And I feel above me the day-blind stars
waiting with their light. For a time
I rest in the grace of the world, and am free.

Wendell Barry

Showings

Any where on earth
A lover of God who is always kept safe,
I know nothing of it,
For it was not shown to me.

But this was shown:
That in falling and rising again
We are always kept
In that same precious love

Julian of Norwich

To those who have not yet learned the secret of true happiness, begin now to study
the little things in your own door yard.

George Washington Carver (1864- 1943) American botanist

Earth laughs in flowers

Ralph Waldo Emerson

Whatever befalls the earth befalls the sons and daughters of earth.
We did not weave the web of life; we are merely strands in it.
Whatever we do to the web, we do to ourselves ...

Chief Seattle (1788-1866) Suquamish leader

Nature is always hinting at us. It hints over and over again. And suddenly we take
the hint.

Robert Frost (1874 – 1973) American poet

As the human persons view creation with compassion and trust, they see the Lord.

Hildegard of Bingen

As often as the elements of the world are violated, by ill treatment, so God will
cleanse them. God will cleanse them thru the sufferings and hardships of
humankind.

Hildegard of Bingen

All nature is at the disposal of humankind. We are to work with it. Without it we
cannot survive.

Hildegard of Bingen

The sun us set in the firmament of heaven. It watches over earthly creation, letting
nothing perish. God watches over us in just such a way.

Hildegard of Bingen

To care for the Earth is to share with God in the act of Creation.

God, our Creator

You have given us
the earth,
the sky and the seas.

Show us the way
to care for the earth,
not just for today
but for ages to come.

Let no plan or work
of ours damage
or destroy
the beauty
of your creation.

Send forth your spirit
to direct us,
to care for the earth
and all creation.

Columban Mission